



# HOOPERS SCHOOL BELL #9

*ÉOES - A Happy Place to Live, to Learn, to Grow*

May 2023

Principal: *Ms. Margo Nygard*  
Vice Principal: *Mrs. Alanna Sampson*

FROM THE DESK OF:  
MARGO NYGARD, Principal



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## Student Safety and Security at ÉOES

Did you know that we have over 500 students registered at École Olds Elementary School? Accompanying these students are teachers and support staff, who work together to make our school a safe and caring place for children to learn. The safety of all people attending our school is of the utmost importance and we are always reflecting and tweaking our process, working to make things even better. Here are a few of the steps that we take at ÉOES to address this:

- **Supervision:** Outside supervision begins at 8:25am and staff is stationed at each designated door welcoming students into the school. We also ensure someone is on the cross-walk and bus area (before and after school). Recesses throughout the day are supervised by staff assigned to specific zones throughout the playground to ensure students can always find someone in a vest. Except for days that the track is opened with permission by Mr. Kish, students stay and play between the school and the track area knowing the boundaries of the school grounds.
- **Roadway:** We encourage all adults and students to use the designated crosswalk when parking on the north side of the street. It is important that we continue to be safe, even when we are sometimes in a rush. Our roadway is a busy one before, and after school. Please ensure you are following traffic signs and watching for little and big people. The morning sun is sometimes right in the driver's eyes so we often remind our littles (& bigs) to not cross the road until directed to do so by those on crossing guard duty.
- **Parking Lots:** Each day before and after school, we close the gates to the parking lot in front of the school. We ask drivers who have vehicles in this lot to stay parked and to wait until the gates are opened by school staff before moving your vehicle. We know this is not convenient and ask that if you need to leave quickly in the morning or afternoon, to please park on the street. We do this because of the large number of students, parents and little brothers/sisters that end up walking in this space. We also ask that our families not use the east parking lot to walk through as there are vehicles moving in and out of parking spaces during the busy before and after school times. We do have a few accessible parking spots marked in our front parking lot, and on the street. Please park where appropriate.
- **Security Plan:** Our school security plan informs all staff of the procedures to be followed for fire drills, lockdowns, tornado safety, first aid treatment and emergency evacuations. We practice these drills and evacuations at various times throughout each year. Parents will be informed if there is ever a need to use one of our security plans beyond a practice drill.
- **Curriculum Content:** The concept of safety is integrated into the curriculum. For example, in PE students are coached on how to play safely and in the health curriculum, personal safety is a topic at all grade levels.
- **Special Programs:** Every opportunity is taken to provide students with safety education. Safety programs in cooperation with the Olds Fire Department, the RCMP, and the Chinook's Edge Transportation Department are examples of people who provide our school safety programming and who support the community safety of our students.

We appreciate and want to thank the additional layer of safety and security that comes in the form of the moms, dads, grandparents and relatives, who visit our school grounds each morning and afternoon. When it comes to safety, there is no doubt that we benefit from raising our children in a close-knit rural community like Olds.

## Family School Wellness program - support for students

A message from Superintendent Kurt Sacher



CESD Family School Wellness team

During the 2022/23 school year there have been more than 11,000 individual sessions with students and a Chinook's Edge Family School Wellness (FSW) Worker. That's about 10% more than last year, and this year is not yet complete.

Coming out of the pandemic, school divisions all over the country are seeing an impact on students who are experiencing challenges with social and emotional wellness, including difficulty adjusting to the pace of learning, and difficulty with social connection.

Chinook's Edge is serious about responding to this challenge. One layer of the [many supports we offer](#) is the Family School Wellness program.

### What is a family school wellness worker?

- Chinook's Edge employs 25 Family School Wellness (FSW) workers.
- FSW workers have expertise and qualifications in youth wellness
- While all of our Chinook's Edge staff are charged with helping students holistically - FSW workers have a unique opportunity to support your child one-on-one focused on their social and emotional needs.

### What students see FSW workers?

- The top 3 reasons Chinook's Edge students were referred to FSW last year:
  - Emotional regulation - experiencing anxiety, sadness, and /or anger
  - Relationship challenges with peers at school / school conflict
  - Family relationship challenges
- The criteria for a student to see FSW is that their challenge is impacting them at school

### How does a student get referred to FSW?

- Students are referred to FSW through a teacher, a principal, or their parents. Students can self refer.
- Every student can access one single session and a follow up session without parental consent. After the single and follow up session, FSW requires parental consent.
- With parental consent, the FSW provides short term support where students have access to about 6 to 8 sessions as needed.

### What happens in a session with FSW?

- The FSW works one-on-one with a student to resolve mild to moderate social / emotional needs impacting them at school. (Students with severe needs are referred to other professionals).
- If there is more than one session required, FSW workers reach out to families not only for consent, but in order to work together with the family to support the needs of their students.

In surveys after sessions, participants tell us the program is making a significant difference for them. School based administrators and other staff also see the positive impact. I would like to express my gratitude to our Family School Wellness Workers for the dedicated work they are doing, and the difference they make for so many students. As a parent, if you'd like your child to access the FSW program, please contact your child's school.

To read the latest version of the Board e-News, please click [here](#).

A handwritten signature in black ink that reads 'Kurt Sacher'.

## Dropping off & Picking Up Your Child

### Morning Drop Off

- Morning bell rings at 8:35am. Students can be dropped off at the school no earlier than 8:25am and head towards their classroom area.
- If you will be later than 8:35am, please have your child use the front entrance, as all other doors will be locked.

### After School Pick Up

- All student will be dismissed at 3:10pm. Students will exit to their predetermined meeting spots, buses or walk home.

### Our Bell Schedule

Sometimes it is hard to know when is best to pick your child up for an appointment so below, please find our current bell schedule:

8:35am Start of Class

10:10am-10:23am All grades go out

11:40am-12:10pm Lunch recess for Gr. 3-4

12:20pm-12:50pm Lunch recess for Gr. K-2

1:55pm-2:08pm All grades go out

3:10pm Dismissal

**Please remember that all students need to be picked up at 3:10pm. Thank you!**



## PAY SCHOOL FEES ONLINE

Chinook's Edge School Division is pleased to offer the opportunity to pay student fees electronically. The online payment program provides a convenient payment option that saves time. You can make secure online payments by credit or debit card any time and receive a receipt.

### Safe. Secure. Simple.

Signing up only takes a moment. Here is how it works:

1. Go to:  
<https://www.studentquickpay.com/chinook/>  
or find the link on the Chinook's Edge Website at [www.chinooksedge.ab.ca](http://www.chinooksedge.ab.ca)
2. Take a few minutes to register and create an account for your child(ren).
3. Review and pay your child's fees using direct online payment.

If you are having technical issues with your parent account please email [feesupport@cesd73.ca](mailto:feesupport@cesd73.ca) for assistance.

The fee schedule can be found on the Chinook's Edge website, [www.cesd73.ca](http://www.cesd73.ca), Menu, Students and Parents, School Fees. Scroll down to Olds, and find École Olds Elementary School.

If you have any questions please call the school. Fee waivers are also found on the Chinook's Edge website, under Menu, Students and Parents, then on the left, click on the arrow beside School Fees.



**Ready, Set, Go!**  
Welcome to Kindergarten

**Online Kindergarten  
Registration for the  
2023-2024 school year  
begins on January 9!**





## Ms. Munchinsky: May 2023

We would like to thank the **Olds Ag Society** for sponsoring a performance for our school. On April 18 our students were able to see a Farm Safety presentation and we hope that the information that was given will help to keep them safe both now and in the years to come.

In May there will be several musical performances at our school beginning on Wednesday, May 10 when the **Sturgeon Composite High School Band** will show us their skills as they play their instruments and teach all of us about various band instruments. This performance will begin around 10:30 am and you are welcome to come and hear these talented musicians.

At 10:45 am and 2:30 pm on Thursday, May 11, the grade 4 students will get to do their year-end show. The children will present "**Why We Sing**". Throughout this performance, they will demonstrate the various musical skills which they have learned during their time at ÉOES.

Finally, on Wednesday, May 17, the Kiwanis Performing Arts Society will bring in Duffle Bag Theatre who will perform **Peter Pan**. You are welcome to join us at 10:35 and the show will begin shortly after that.



# School Council

Parent Council is so grateful for everyone's support at our Family Dance. It was so well attended and such a great time. We hope everyone felt like they were back in 1999! Through generous donations, concession, and glow stick sales we had great fundraising success and a **TON OF FUN!** We look forward to hosting many more!

## **Lohr-A-Lee Greenhouse Fundraiser!**

The Greenhouse offers a variety of hanging baskets including strawberries and flowers. Brighten up your yard, porch, deck or order as a Mother's Day gift!

**Simply Order online by May 4, 2023 (end of day) and you can start picking up on May 5 right from the greenhouse.**

Parent Council receives \$10 from every basket purchased!

[https://www.lalgreenhouses.ca/shop/ecole-olds-elementary-school-/9?page=1&limit=60&sort\\_by=category\\_order&sort\\_order=asc](https://www.lalgreenhouses.ca/shop/ecole-olds-elementary-school-/9?page=1&limit=60&sort_by=category_order&sort_order=asc)



## **SPORTS DAY!**

Sports Day this year is June 8 and we will need parent volunteers for morning and afternoon shifts - please contact us to sign up. It is such a fun day for the kids and they'll love seeing you there!

We are already looking towards and planning exciting events for the next school year. We are currently looking for a Treasurer to help on the board and we are always welcoming general board members. Please contact [chair@eoesparentcouncil.com](mailto:chair@eoesparentcouncil.com) for more information or to get involved!

**CANDY AND CHIP sales** will be Thursday, May 18, 2023 at lunch for \$1 each! While Supplies Last.

## **Upcoming Meetings:**

**Parent Council Meeting - virtually Wednesday, May 3 at noon**

**Fundraising Meeting - virtually and in person Wednesday, May 3 at 7pm**

Please contact [chair@eoesparentcouncil.com](mailto:chair@eoesparentcouncil.com) for the links or more information.

**Brandy Thompson, Chair**

**April Mattson, Co-Chair**

# FUN LUNCH

Thank you to our fun lunch volunteers in April!

We are looking forward to all of our Hot Lunches coming up in May and June:

Tracks Pub - Wings

May 12th

Hot Dogs

May 26th

Chubbs Eats - Mac & Cheese

June 2nd

Beef Burritos

June 9th

Dairy Queen - Burgers

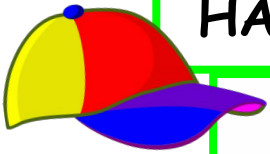
June 16th

Boston Pizza - Pizza or Pasta

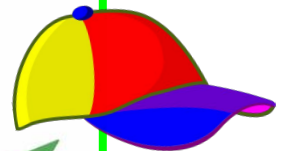
June 23rd



**HATS ON! FOR MENTAL HEALTH: May 3rd**



*May*  
Mental Health  
Awareness Month



**BUS DRIVER APPRECIATION DAY!**

**May 1st**



A **HUGE** thank you to all of our school bus drivers, who drive our most precious cargo everyday.



*Ecole Olds Elementary School*

## QUARTER MILE CHALLENGE

**OUR GOAL:** To collect enough quarters to stretch the length of a  $\frac{1}{4}$  mile by June 8, 2023 to fund playground upgrades!



Quarters can be sent with your child, given to their teacher or dropped off directly into the Drop Box at the office! As quarters are brought in and counted, join us in following Hooper on his journey around the track on the tally board at the main entrance!

EVERY QUARTER COUNTS!



We are currently looking for School bus drivers in all areas. If you are interested in becoming a school bus driver please apply online at [www.cesd73.ca](http://www.cesd73.ca) under Careers/ Casual Support Staff, by email at [transportation@cesd73.ca](mailto:transportation@cesd73.ca) or by calling our office at 403-227-7072

Chinook's Edge is one of the largest school divisions in the province, serving over 11,000 students in 43 Central Alberta schools between Calgary and Red Deer. Our schools are located in 13 small communities that sprawl east and west from the Highway 2 corridor, conveniently providing Chinook's Edge staff and families with the best of both worlds



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Natalie Bobbitt

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**READING CHALLENGE**

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SCAN FOR MORE INFO




SIGN UP AT [OML.BEANSTACK.ORG](http://OML.BEANSTACK.ORG)

WHAT ELSE IS HAPPENING AT OML? VISIT: [OML.PRL.AB.CA/EVENTS](http://OML.PRL.AB.CA/EVENTS)





Spring/Summer 2023

**'Friday off', 'After School' and Homeschooling programs'**  
Bowden + Olds, Alberta.  
**'Horse Inspired'**

### **Self-Discovery'**

Equine Facilitated Wellness presents, "**Leadership through horses**" sessions...

-Locations- 10 min. north of Olds or at the Bowden Anchor B Arena-



**'We are also eligible for child/youth funding through the Jumpstart Program'**

**"EARN 17 High School credits through the Olds College, Green Certificate available!"**

**Looking to improve** your communication skills and find your voice, increase social connections, confidence and self-awareness by partnering with horses?

**Curious about enhancing** personal insights, managing stress, setting S.M.A.R.T. Goals?

**Seeking positive changes** in your daily habits and are drawn to nature and animals?

Consider... **'Horse Inspired Self-Discovery'** for **2 hours, once a week/month or a 2-3 day Workshop, Retreat or Camp!**

**I am deeply passionate about developing opportunities** for youth and adults to experience self-discovery, promoting wellness and enriching our learning through partnering with horses and nature! Working and living in a 'life coaching' and horse leadership role for over 40 years with youth and adults has led me to further pursue my certification in **Professional Equine Facilitated Wellness- Canada!** I am grateful to share this opportunity to develop our goal-achieving strengths in our...**"Leadership through Horses"** sessions!

**\*Spring Workshop/ Retreat/Camps-** 3 half or full day programs from April- August 2023.

**\*EFW sessions run:** M-F 9:00-12:00 and 1- 4:30. Saturday/Sunday 11:00- 5:00 pm.

**\*Spring 2023-** Individual sessions (2-3 hours) or small groups of 4 available.

**\*New Friday off, Home School, After School program sessions-** M-F 9-12, 1-4 + 3:30- 5:30



**A great introduction to the intuitive power of horses...** By participating in dismounted equine activities we can delve into fun and challenging exercises that blend **learning and wellness sessions with youth, adults or families** in 1:1 or small group configurations (max. of 4 participants). We explore and practice key elements of **developing healthy 'Horse Herd' relationships and brave boundaries** with our equine companions while **building confidence, mindfulness and positive emotional connections** that relate to all areas of our school, work, social and family lives!

**We offer individual/group sessions or a series of weekly, 2-3 hour themed E.F.W. sessions and retreats that include;** learning **horse safety, herd behaviour/dynamics, leadership development, healthy and respectful relationships, communication styles and body language, social connectedness, decision making and problem solving, stress and anxiety management, empathy, goal setting, team building and personal empowerment!**

**All of these qualities are within us and developed through the horses!**

**Partnering with horses and a trained facilitator builds on** our self-awareness, confidence and character through the development of open communication skills, mindfulness and focus, the importance of appropriate body language and the expression of honest and authentic emotions.

Join me in our **"Horse Leadership" sessions** for an experiential (hands on), and enriching learning environment with calming grounding exercises, stimulating cooperative games, and inspiring horse connections that will leave you with an unforgettable personal experience!

**Contact:** Colleen Herzog at Horizon Equine- EFW, **403-556-5504**  
RR#3, Site 12, Box 26, Olds, Alberta

Check out our website at: ([www.horzonequineefw.com/](http://www.horzonequineefw.com/) OR [info@horzonequineefw.com](mailto:info@horzonequineefw.com))  
**\*GIFT CERTIFICATES AVAILABLE\***

# IMPORTANT

***Chinook's Edge Staff are planning ahead for the upcoming year:***

*In Mid August Chinook's Edge will be sending home your Annual Demographic Update which will be called "Annual Re Enrollment and Consents" for the 2023-2024 year. The form will need to be completed and submitted prior to the start of the school year.*

*The form will ensure your registration and certain consents for the upcoming school year*

*We have combined forms together into one to make the start of the school year a little easier for you.*

***The form contains a Walking field trip, Technology, Media and FOIP consents that has to be completed every year before your child can participate in these activities,***

*We are wanting parents and guardians to ensure that they can sign into their PowerSchool parent portal account before the end of the year. If you are having troubles with your username or password, please contact your school before the end of May to get help.*

*This is for all Kindergarten to grade 12 students*

*If you have verified that you can signed in, please disregard this message*

[PowerSchool Parent Portal](#)

# May 2023



SUNDAY/ DIMANCHE	MONDAY/ LUNDI	TUESDAY/ MARDI	WEDNESDAY / MERCREDI	THURSDAY/ JEUDI	FRIDAY/ VENDRED	SATURDAY/ SAMEDI
	1  Scholastic Book Fair 8:35-3:30	2  Scholastic Book Fair 8:35-3:30	3 Hats On! For Mental Health  Scholastic Book Fair 8:35-3:30	4  Scholastic Book Fair 8:35-3:30	5  No School	6
7 	8	9	10  Sturgeon Composite High School Band: 10:30	11  Gr. 4 Performance "Why We Sing" 10:45 & 2:30	12  Pre-Ordered Tracks Pub Wings	13
14	15	16  Denim Day: Wear Jeans	17  Duffle Bag Theater: Peter Pan 10:35	18  PUG Day and Parent Council: Candy & Chip Sales \$1.00 each	19  No School	20
21	22 Victoria Day No School	23	24	25	26  Pre-Ordered Hot Dogs	27
28	29 No School	30	31 	June 1	2	3 