

# HOOPERS SCHOOL BELL #4

*ÉOES - A Happy Place to Live,  
to Learn, to Grow*

**December 2023**

**Principal: Mrs. Alanna Sampson**  
**Vice Principal: Mr. Joe Amundrud**



**5413-53 Street, Olds, T4H 1S9**  
**403-556-8477**

**Email: [olds.elem@cesd73.ca](mailto:olds.elem@cesd73.ca)**  
**Website: [oldselementary.ca](http://oldselementary.ca)**

## December Principal's Message

At ÉOES we strive to be a place where students feel safe, cared for and connected to the adults in the building. It is when we have achieved this that we can begin to create an environment where children can flourish in their understanding of their ability to positively contribute to their classroom and school, their family, and their community.

Through many experiences, students develop into thoughtful, caring, and compassionate citizens. In our Social Studies program, citizenship is one of the core concepts embedded into every grade level K to 4. In Physical Education and Wellness, we learn how to care for ourselves and each other. Through the stories we read and write, we learn about struggles and how to overcome them and through classes like Physical Education and activities during recess, students learn how to play, deal with conflict and work as a team.

At ÉOES, we continue to provide opportunities for students to learn and contribute to our community and our world. There is so much learning beyond the curriculum such as helping a fellow student score a goal, find their lost boots or making a new friend. Through quiet acts of kindness, a smile, or a grand gesture, our students, staff, and parents are continually modeling the importance of positive citizenship in our ÉOES community.

Hooper and the staff of ÉOES would like to thank all of you for your support and your generous contribution to our school and our community. May you enjoy a safe, healthy and happy holiday season!

### Events in December:

December 8th - No School

December 12th - Gr. 1&2 Christmas Concert (1:00 pm and 6:00 pm)

December 14th - Gr. 1&2 Christmas Concert (1:00 pm and 6:00 pm)

December 15th - Wear Red/Green or an "Ugly" Christmas Sweater

December 19th & 20th - Little Shoppers in the Library (organized by parent-council as a fundraiser)

December 22nd - PJ Day

December 23rd - January 7th - Christmas Break

January 8th - Back to School

**Alanna Sampson, Principal**

## Dropping off & Picking Up Your Child

### Morning Drop Off

- Morning bell rings at 8:35am. Students can be dropped off at the school no earlier than 8:25am and head towards their classroom area.
- If you will be later than 8:35am, please have your child use the front entrance, as all other doors will be locked.

### After School Pick Up

- All student will be dismissed at 3:10pm. Students will exit to their predetermined meeting spots, buses or walk home.

### Our Bell Schedule

Sometimes it is hard to know when is best to pick your child up for an appointment so below, please find our current bell schedule:

8:35am Start of Class

8:42am O'Canada

10:10am-10:23am Recess for all grades

11:55am-12:25pm Lunch for all grades

12:25pm-12:50pm Recess for all grades

1:55pm-2:08pm Recess for all grades

3:10pm Dismissal

**Please remember that all students need to be picked up at 3:10pm. Thank you!**



## PAY SCHOOL FEES ONLINE

Chinook's Edge School Division is pleased to offer the opportunity to pay student fees electronically. The online payment program provides a convenient payment option that saves time. You can make secure online payments by credit or debit card any time and receive a receipt.

### Safe. Secure. Simple.

Signing up only takes a moment. Here is how it works:

1. Go to:  
<https://www.studentquickpay.com/chinook/>  
or find the link on the Chinook's Edge Website at [www.chinooksedge.ab.ca](http://www.chinooksedge.ab.ca)
2. Take a few minutes to register and create an account for your child(ren).
3. Review and pay your child's fees using direct online payment. You can also set up monthly payments - please call Lisa Ormann at the school

If you are having technical issues with your parent account please email [feesupport@cesd73.ca](mailto:feesupport@cesd73.ca) for assistance.

The fee schedule can be found on the Chinook's Edge website, [www.cesd73.ca](http://www.cesd73.ca), Menu, Students and Parents, School Fees. Scroll down to Olds, and find École Olds Elementary School.

If you have any questions please call the school. Fee waivers are also found on the Chinook's Edge website, under Menu, Students and Parents, then on the left, click on the arrow beside School Fees.



**Remember that winter is here. Please, please, please dress your student appropriately: snow pants, winter coat, toque, mitts, scarf and boots.**

**Thank you!**

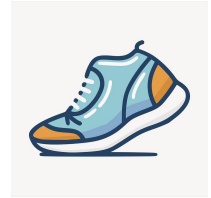
# Physical Education - Update DECEMBER 2023

Randy Kish

**Proper Gym Footwear:** It would be greatly appreciated if all students could bring their indoor footwear home for the holidays and check them to make sure they fit properly and that they are appropriate for gym activities.

Please ensure your child can participate in our Gym Activities by following a few basic rules about the Footwear you provide;

1. Fancy Boots ( especially with high heels ) are not appropriate
2. Slippers are not for the Gym
3. Shoes should be proper size and **STAY** on the FEET
4. If your child cannot tie laces then please use velcro shoes or teach your child to tie laces



**Thank-you!**

**Wishing everyone a Merry Christmas and a Happy New Year!**

**Last day for donations to the Christmas Angels is:  
December 15th**

**You can find a collection bin at the front office to our school**



The school is asking parents to please **NOT** park at the end of the parking arms of our east end parking lot. It creates an issue for any staff members trying to leave at the end of the school day. We really appreciate you adhering to this.



**Thank you!**

## From the Music Room: Mrs. Koch

This month we look forward to our grade 1 and 2 Christmas Concert "**The Animal's Christmas Tree**". Students and staff have been hard at work to prepare a beautiful holiday show for all to enjoy.

On **Tuesday, December 12th at 1:00 pm and 6:00 pm** students from these classes will be performing:

Mrs. Beemer  
Mrs. Bouliane  
Mrs. Hanna  
Mrs. Nisbet  
Mrs. Schochenmaier



On **Thursday, December 14th at 1:00 pm and 6:00 pm** students from these classes will be performing:

Mrs. Adamson and Mr. Amundrud  
Mrs. Bjarnason  
Mme. Brokenshire  
Mrs. Hardy  
Mme. Tulloch's grade 2s



Parents and families will be welcome to join us for either the afternoon or the evening performance (or both!) but students are expected to attend both the afternoon and evening show on their assigned day. Thank you so much for your support of our music program. We look forward to seeing our students succeed and shine!

Our last event for December will be a whole school **Carol Sing on Friday December 22 at 2:30 pm**. All students will gather in the gym to enjoy some new and some traditional Christmas songs. You're welcome to join us to get into the holiday spirit!

Wishing you all a musical month.



## YES Program: Jessica Messervey

The YES program will be finishing up with the Board Game Club on December 12th; the Book Club on December 13th and the Hair Club on December 14th. There will be new clubs offered in the New Year.

Email me with any questions: [jmesservey@cesd73.ca](mailto:jmesservey@cesd73.ca)



# School Council

**Welcome to December! Parent Council is looking forward to all of the festivities and fundraising events happening this month!**



## **FUN LUNCH**

**The ordering period for January Fun Lunch opens Wednesday, December 6 and closes Thursday, December 21.**

Order online @ <https://oldselementary.hotlunches.net/>. If you haven't already done so this year, you will need to re-register. The **access code is OLDS**. Please pay attention to the Fridays your kindergarten student is and is NOT at school as no refunds can be offered.

## **Candy/Chip Sales will be December 7 over lunchtime!**

\$1 each, while supplies last.

Please email [chair@eoesparentcouncil.com](mailto:chair@eoesparentcouncil.com) if you would like to help make this happen!



## **PLEASE REMEMBER:**

**Purdy's Pick Up is December 12 from 3:00-4:30pm at the main doors.**

# Little Shoppers Christmas Store is Coming Back!!!

## What is Little Shoppers?

It is a temporary Christmas store set up at the school for students to come and purchase gifts for their parents/guardians. All items for them to pick from are priced at \$2 and will come home wrapped to put under the tree. Each child can purchase up to two gifts.

The program relies on donations of new or gently used items for the gifts, as well as gift bags and tissue paper from families and community members. A huge thank you to everyone who has donated so far!

All proceeds from the Little Shoppers store go towards buying supplies for classrooms or funding events for students. A fun activity for students to take part in and a fundraiser for the school!

What we need to make this possible:

We will be accepting donations of new and gently used items, gift bags, tissue paper, and gift tags/stickers.

Please drop it off at the office during school hours or send it to the school with your child with a note stating for Little Shoppers.

Should you prefer to make a cash donation, it can be dropped off at the office and will go towards the purchase of wrapping or additional gifts for students to pick from.

We are incredibly grateful for any donations you can provide.

Some examples of gifts: bath products, candles, tools, non-sized clothing (i.e., scarves, gloves, toques, hats, socks, sunglasses), jewelry, home décor, kitchen tools, gadgets, picture frames, games, books, gift certificates, sealed chocolates or treats, purses/bags, sports items, etc.

We are still looking for volunteers for:

December 14 - sorting (morning and afternoon shifts)

December 18 - sorting (morning and afternoon shifts)

December 19 - shopping day - afternoon shifts

December 20 shopping day - afternoon shifts

December 21 packing up - morning shifts



Please email [chair@eoesparentcouncil.com](mailto:chair@eoesparentcouncil.com) to sign up for a shift.

We thank you in advance for your donations and support!

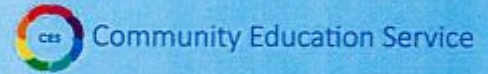
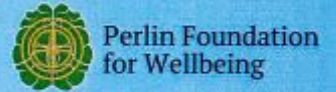
**Our next meetings are:**

**Parent Council - Wednesday, December 6 at 12:00pm virtually**

**Fundraising Society - Wednesday, December 6 at 7:00pm virtually and in person at EOES Library.**

Please email [chair@eoesparencouncil.com](mailto:chair@eoesparencouncil.com) if you'd like the link to join virtually. Everyone is welcome to attend both meetings!

**Thank you,  
Brandy Thompson  
EOES Chair**



# NAVIGATING MENTAL ILLNESS IN CHILDREN AND ITS IMPACT ON PARENTING: STRUGGLES, HOPES, AND TRIUMPHS

Open to anyone interested in learning and sharing on the mental health of children and the impact on families. The event will offer an engaging atmosphere to share and ask questions.

**Tuesday, November 21**  
7 - 8:30PM

Register  
Here

or via the  
QR code



**Dr. Paul Arnold**  
MD PhD FRCPC



**Jan Stewart**

**HAPPIER FAMILIES. BETTER RELATIONSHIPS.  
SUCCESSFUL KIDS. IT ALL STARTS HERE!**

Triple P is the flexible, practical way to develop skills, strategies and confidence to handle any parenting situation. It's backed by decades of research. And it's already helped more than 4 million children and their parents. It's free!

<https://www.triplep-parenting.ca/alb-en/triple-p/>



Mountain View Museum Players

# Present

## Scooby Doo Saves Christmas !



**Sat. December 9th / Olds Elk Hall / 2:00 pm**

**Tickets on Sale at the Olds Museum**

**10 and under Free**

**Youth 11-18 \$2**

**Adults \$5**

*Have your photo taken with Santa and the  
Scooby Doo Gang after the show!*



# DECEMBER@




**Olds Library**  
MUNICIPAL

## Christmas Ornament Extravaganza!

**CRAFTS, HOT CHOCOLATE, & CHRISTMAS CHEER!**

**SATURDAY, DECEMBER 2**  
**1:00 - 4:00PM**

FREE | DROP-IN | FOOD DONATIONS APPRECIATED

USE PHONE CAMERA TO SCAN FOR INFO




**BANFF** CENTRE  
MOUNTAIN FILM FESTIVAL  
WORLD TOUR

The World's Best Mountain Films

**WIN PRIZES!**  
EARLY BIRD  
ENDS DEC. 31ST

Tickets available NOW!  
POINT PHONE CAM AT THIS QR CODE FOR MORE INFO

THIS EVENT IS IN OLDS, AB.



**Olds Library** Find more at: [oml.prl.ab.ca](http://oml.prl.ab.ca)

**WINTER 2024 REGISTRATION**

**OPENS DEC. 15**

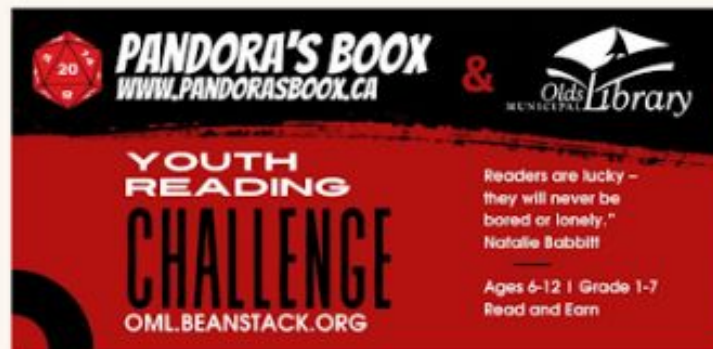
scan with phone cam:



## WIN PRIZES FOR READING!

BIG THANK YOU TO OUR SPONSORS

SIGN UP AT [OML.BEANSTACK.ORG](http://OML.BEANSTACK.ORG)



**PANDORA'S BOOK**  
[WWW.PANDORASBOOK.CA](http://WWW.PANDORASBOOK.CA)

**Olds Library**

**YOUTH READING CHALLENGE**

Readers are lucky - they will never be bored or lonely.  
Natalie Bobbitt

Ages 6-12 | Grade 1-7  
Read and Earn

[OML.BEANSTACK.ORG](http://OML.BEANSTACK.ORG)





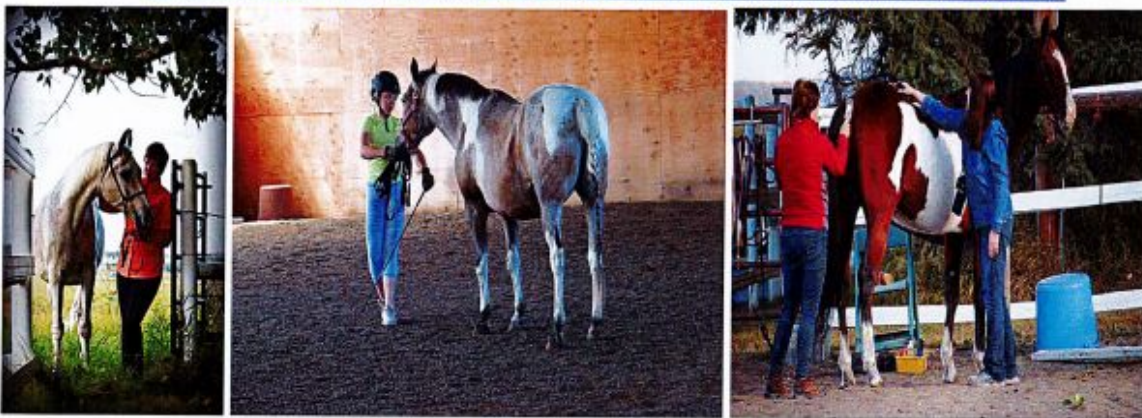
Winter/Spring 2023-24

Bowden + Olds, Alberta.

*'Horse Inspired Self-Discovery'*

Equine Facilitated Wellness presents, "Leadership through horses" sessions...

-Locations- 10 min. north of Olds or at the Bowden Anchor B Arena-



'We are also eligible for child/youth funding through the Jumpstart Program'

"EARN 16 High School credits through the Olds College, Green Certificate available!"

Looking to improve your communication skills and find your voice, increase social connections, confidence and self-awareness...we can partner with horses!

Curious about enhancing personal insights, managing stress, setting S.M.A.R.T. Goals?

Seeking positive changes in your daily habits and are drawn to nature and animals?

Consider... *'Horse Inspired Self-Discovery'* ...

for 2 hours, once a week/month or a 2-3 day Workshop, Retreat or Camp!

I am deeply passionate about developing opportunities for youth and adults to experience personal empowerment, promoting wellness and enriching our learning through partnering with horses and nature! Working and living in a 'life coaching' and horse leadership role for over 40 years with youth and adults has led me to further pursue my certification in....

**Professional Equine Facilitated Wellness- Canada!** I am grateful to share this opportunity to develop our goal-achieving strengths in our... "Leadership through Horses" sessions!

\* Retreats/Camps- half or full day programs from November 2023- spring 2024.

\* EFW sessions run: M-F 9:00-12:00 and 1- 4:30. Saturday/Sunday 11:00- 5:00 pm.

\* Winter 2023- Spring 2024- Individual sessions (2-3 hours) or small groups of 4 available.

\* No school days, Home School/After School program sessions- M-F 9-12, 1-4 + 3:30- 5:30



**A powerful introduction to the 'intuitive power' of horses...** By participating in dismounted equine activities we can delve into fun and challenging exercises that blend **learning and wellness sessions with youth, adults or families** in 1:1 or small group configurations (max. of 4 participants). We explore and practice key elements of **developing healthy 'Horse Herd' relationships and brave boundaries** with our equine companions while **building confidence, mindfulness and positive emotional connections** that relate to all areas of our school, work, social and family lives!

**A great introduction to riding horses with confidence and personal awareness. We offer individual/group sessions or a series of weekly, 2-3 hour themed E.F.W. sessions and retreats that include;** learning **horse safety, herd behaviour/dynamics, leadership development, healthy and respectful relationships, communication styles and body language, social connectedness, decision making and problem solving, stress and anxiety management, empathy, goal setting, team building, personal boundaries and empowerment!**

**All of these qualities are within us and developed through the horses!**

**Partnering with horses and a trained facilitator builds on** our self-awareness, confidence and character through the development of open communication skills, mindfulness and focus, the importance of appropriate body language and the expression of honest and authentic emotions. Join me in our **"Horse Leadership "sessions** for an experiential (hands on), and enriching learning environment with calming grounding exercises, stimulating cooperative games, and inspiring horse connections that will leave you with an unforgettable personal experience!

**Contact:** Colleen Herzog, Owner/Lead Facilitator at Horizon Equine- EFW, RR#3, Site 12, Box 26, Olds, Alberta. [403-556-5504](tel:403-556-5504)

Check out our website at; ([www.horzonequineefw.com/](http://www.horzonequineefw.com/) OR [info@horzonequineefw.com](mailto:info@horzonequineefw.com))

**\*GIFT CERTIFICATES AVAILABLE\***



# AFTER SCHOOL *Program*



Join us for after school learning about horses!

- Learn to care for equines
- Builds character
- Work on team building
- Helps build self-confidence
- Local & affordable

Don't miss out on this exciting opportunity!



CAVALLA **EQUESTRIAN**

 @equestriancavalla  
 @cavallaequestrian

**CALL FOR MORE DETAILS! 780-297-6585**

The Central Alberta Lacrosse League is excited to announce that we are holding our 3rd Annual Female Come Try Lacrosse event for female players between ages of 10-16. New to Lacrosse, do you want to learn a bit about the history of the sport, some basic skills, game rules and where it is played near you!!!

We welcome you to join us at any or all of the times listed in the poster below!! All you need is indoor shoes, athletic attire and a CSA approved helmet. (Don't have a helmet? send a message to the email address below and we will hook you up!!!)

All questions or concerns can be forwarded to [centralalbertalacrosse@gmail.com](mailto:centralalbertalacrosse@gmail.com) If you know anyone who would like to register for this event the link is available below, on our website or our social media platforms.

[CLICK HERE TO REGISTER](#)

# Female Lacrosse Come Try it Nights FREE



All Female Players  
between ages of 10-16 across Central Alberta  
This is a FREE event to take place over three Mondays in  
January at the Collicut Center in Red Deer  
Ages U11-U13 January 15,22,29 700-800pm  
Ages U15-U17 January 15,22,29 800-900pm  
Register using the link on the website  
(under camps and clinics tab)

[centralalbertalacrosse.com](http://centralalbertalacrosse.com)



# KIDS STEM CLUB



**November 24, 2023**

**Ages: 8-12 yrs.**

**CESD PD Days**

**8:30 am - 4:00 pm**

**Fee: 10 Sessions / \$405**

**\$55 Daily**

Robotics, Coding, Science Experiments, virtual world, 3D Printing and Stop Motion.



**REGISTER HERE**



[WWW.COMMUNITYLEARNINGCAMPUS.CA](http://WWW.COMMUNITYLEARNINGCAMPUS.CA)

[CLCRECREATION@OLDSCOLLEGE.CA](mailto:CLCRECREATION@OLDSCOLLEGE.CA)



Community Learning Campus





LET'S HAVE FUN!!



# PATHFINDERS



Every Tuesday  
 January 2024  
 Grades 1-3 & 4-7  
 Olds Elementary School  
 3:30 pm - 5:00 pm  
 Fee: 10 Sessions / \$150

Find your area of passion with  
 different activities each week,  
 Swimming, Sports, Bowling and  
 much more



## REGISTER HERE



[WWW.COMMUNITYLEARNINGCAMPUS.CA](http://WWW.COMMUNITYLEARNINGCAMPUS.CA)

[CLCRECREATION@OLDSCOLLEGE.CA](mailto:CLCRECREATION@OLDSCOLLEGE.CA)






Community  
Learning  
Campus





# December 2023

SUNDAY/ DIMANCHE	MONDAY/ LUNDI	TUESDAY/ MARDI	WEDNESDAY / MERCREDI	THURSDAY/ JEUDI	FRIDAY/ VENDRED	SATURDAY/ SAMEDI
Dec 31  <b>Happy New Year 2024</b>  First day of school: Jan 8/24	Jan 1/24				1 Pre-Ordered Fun Lunch: Quesada  Mad About Plaid Day	2
3	4	5 Fun Lunch Ordering Opens on December 6  	6 Parent Council Virtual Meeting: 12:00pm  Fundraising Society Meets in OES Library: 7:00pm	7 Candy & Chip Sales at Lunchtime: \$1.00 per bag (while supplies last)	8  No School	9  
10	11 Purdy's Pick up: OES Main Doors Dec 12: 3:00-4:30pm  	12 Christmas Concert: Gr 1&2 1:00pm & 6pm  Classes: Hanna, Nisbet, Beemer, Bouliane, Schochenmaier	13	14 Christmas Concert: Gr 1&2 1:00pm & 6:00pm Classes: Hardy, Adamson, Bjarnason, Brokenshire, Tulloch	15 Pre-Ordered Fun Lunch: DQ Burgers  Ugly Xmas Sweater/Red & Green Day	16
17	18	19  \$ <b>Little Shoppers:</b> \$2.00 per gift/2 gifts per student \$	20 \$	21 Deadline to order Fun Lunch	22 Pre-ordered Fun Lunch: Boston Pizza  PJ Day  Christmas Carols at 2:30	23
24	25	26	27	28	29	30
<b>CHRISTMAS BREAK</b>						