

# HOOPERS SCHOOL BELL #5

**ÉOES - A Happy Place to Live,  
to Learn, to Grow**

**January 2024**

**Principal: Mrs. Alanna Sampson**  
**Vice Principal: Mr. Joe Amundrud**



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**403-556-8477**  
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**Website: [oldselementary.ca](http://oldselementary.ca)**

## January Principal's Message:

Happy New Year! I hope this message finds you all in great health and good spirits as we embark on a brand-new year filled with promise and opportunity. January brings with it a sense of renewal and a chance for us to set new goals and aspirations.

As we reflect on the past year, I am incredibly proud of the accomplishments and growth we have achieved as a school community. Our students have demonstrated resilience, determination, and a commitment to learning that is truly commendable. I want to express my gratitude to our dedicated teachers, supportive staff, and involved parents for their continuous efforts in nurturing a positive and enriching learning environment.

As we step into 2024, let us renew our commitment to academic excellence and character development. Our focus remains on providing a well-rounded education that not only prepares students for academic success but also instills values of respect, responsibility, and resilience. Together, we will continue to create a school culture that fosters curiosity, creativity, and a love for learning.

I encourage you to stay engaged and involved in your child's education. Attend school events, communicate with teachers, and participate in the various activities we have planned throughout the year. Your partnership is vital in creating a supportive and thriving school community.

This January, let us embrace the opportunities for growth and positive change. I am excited about the possibilities that the new year holds for each and every one of our students. May 2024 be a year of achievement, discovery, and success for all.

**Sincerely,**

**Alanna Sampson, Principal**

## Upcoming Events...

January 26th - Cinderella Theatre Production at 1:30pm in the gym

January 31st - Professional Learning Day (no school for students)

February 2nd - Report Card #1 goes home

## Dropping off & Picking Up Your Child

### Morning Drop Off

- Morning bell rings at 8:35am. Students can be dropped off at the school no earlier than 8:25am and head towards their classroom area.
- If you will be later than 8:35am, please have your child use the front entrance, as all other doors will be locked.

### After School Pick Up

- All student will be dismissed at 3:10pm. Students will exit to their predetermined meeting spots, buses or walk home.

### Our Bell Schedule

Sometimes it is hard to know when is best to pick your child up for an appointment so below, please find our current bell schedule:

8:35am Start of Class

8:42am O'Canada

10:10am-10:23am Recess for all grades

11:55am-12:25pm Lunch for all grades

12:25pm-12:50pm Recess for all grades

1:55pm-2:08pm Recess for all grades

3:10pm Dismissal

**Please remember that all students need to be picked up at 3:10pm. Thank you!**



## PAY SCHOOL FEES ONLINE

Chinook's Edge School Division is pleased to offer the opportunity to pay student fees electronically. The online payment program provides a convenient payment option that saves time. You can make secure online payments by credit or debit card any time and receive a receipt.

### Safe. Secure. Simple.

Signing up only takes a moment. Here is how it works:

1. Go to:  
<https://www.studentquickpay.com/chinook/>  
or find the link on the Chinook's Edge Website at [www.chinooksedge.ab.ca](http://www.chinooksedge.ab.ca)
2. Take a few minutes to register and create an account for your child(ren).
3. Review and pay your child's fees using direct online payment. You can also set up monthly payments - please call Lisa Ormann at the school

If you are having technical issues with your parent account please email [feesupport@cesd73.ca](mailto:feesupport@cesd73.ca) for assistance.

The fee schedule can be found on the Chinook's Edge website, [www.cesd73.ca](http://www.cesd73.ca), Menu, Students and Parents, School Fees. Scroll down to Olds, and find École Olds Elementary School.

If you have any questions please call the school. Fee waivers are also found on the Chinook's Edge website, under Menu, Students and Parents, then on the left, click on the arrow beside School Fees.



**Winter has arrived. Please, please, please dress your student appropriately: snow pants, winter coat, toque, mitts, scarf and boots. Thank you!**

# Physical Education - Update January 2024

Randy Kish



## WELCOME BACK!

I hope your Holiday time was restful and you were able to enjoy the things that were important to your family. It's hard to believe how quickly the New Year arrived! We are looking forward to continued good times in the gym and a focus on learning sports skills, playing fair, being competitive, and challenging ourselves to do the best we can.

### Curriculum Focus

**Grade 2, 3 and 4 Students** will be challenging themselves in Floor Hockey, Dodgeball, and a variety of Fitness challenges. We practise the skills required to be proficient at each sport so that when we play games those skills are showcased. Our games are also structured so that all students can achieve success and have fun playing. For example when we play Floor Hockey in class we have 4 teams playing at the same time with 4 nets, 4 goalies, and 4 softy dodgeballs which allows for everyone to "get" a ball and shoot and score. And it is a non stop game so fitness is developed at the same time as coordination and sportsmanship. In Dodgeball we ensure everyone is safe and able to play at their level by building "forts" to hide behind, using strict rules so that we "think of the other person" before we throw, and by using really soft dodgeballs. The game is non-stop which really focuses on fitness, fun, throwing and catching skill development, and sportsmanship. We like to teach KINDNESS to each other through dodgeball! True story, just ask your kids. They Love It!

**Kindergarten and Grade 1 Students** will be learning about Ball Skills and how to do a Fitness Warm-up with a Video Follow-Along routine. We will be learning how to bowl and throw balls and take turns while playing a fun Target Knock-Down game. We will also be learning how to use a small ball to throw and catch off the wall with underhand and overhand technique. Soon we will explore Hula Hooping and Skipping Skills! Great fun and challenging too! It is always awesome to see the look of JOY on a student's face when they figure out a new skill!!!

**Skill Stations for all students.** I will occasionally set up the gym with Skill Stations for students to practice and play at their favorite things. The centers include floor hockey, soft ball soccer, beach volleyball, skipping, basketball shooting, gymnastics, climbing wall, scooters, and giant hopper balls. The Skill Stations are popular because students can focus on the choices of activities they want, they learn to play cooperatively and they learn to talk to each other meaningfully. Students usually find Station Day to be a favorite.

### **Grade 4 Floor Hockey League**

The grade 4 Annual Floor Hockey Lunch League will begin this month with 5 Boys Teams and 3 Girls Teams. There is always some exciting action during the games as the skill level of our hockey stars is getting better every year! It's a really big deal to Win the Floor Hockey League and play the Teachers as a fun reward! Teams play a Round Robin Format followed by a Play-Off. Parents are certainly welcome to come in and watch the games. Stay tuned for the update next month on who the Champions are.

### **Swimming Lessons**

Heads Up! The grade 4 students will begin their swimming lessons at the end of February. The lessons are held at The Olds Aquatic Center. Students will be bussed and all CESD protocols must be followed for bus riding. The Red Cross Swim Program Report Cards that parents have been keeping each year need to come back to your child's teacher prior to the lessons. If you do not have the Red Cross Report Progress Card then you must complete the Olds Aquatic Form and return it to your teacher. Please contact your child's teacher or the Aquatic Center if you have any questions.

For any questions or information about your child's progress please contact me at the school.



From the Music Room:  
Mrs. Koch



**Happy New Year!**

Thank you all who were able to come and support our Grade One and Two Christmas concerts last month. The students worked so hard to learn their parts and all the music for **The Animal's Christmas Tree**. They were fantastic! We were thrilled with the terrific turnout of families and friends who came to watch.

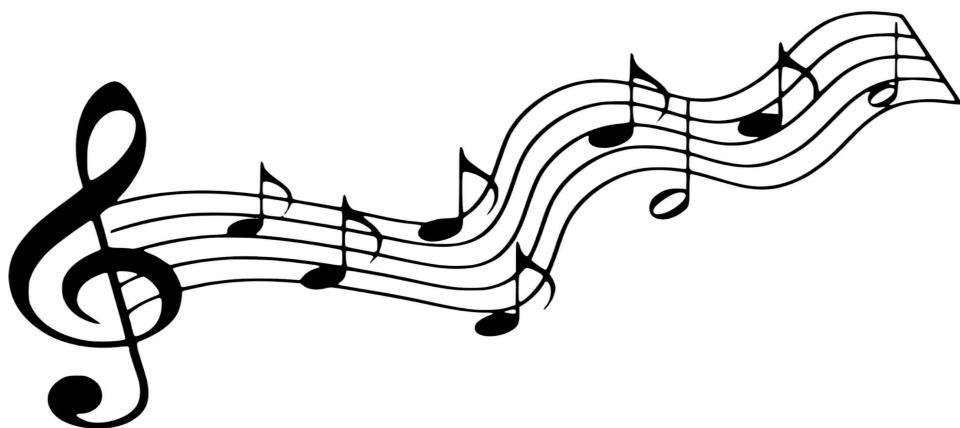
We also had a full house for our Christmas kickoff Carol-Sing which was exceptionally enthusiastic. I'm sure Santa himself heard those Jingle Bells.

This month we look forward to a special presentation of **Cinderella by the Alberta Musical Theatre Company**. Parents are welcome to join us on Friday January 26th at 1:30 pm.

Grade four students will also begin learning all about every music teacher's all-time favourite instrument, the recorder. Instruments can be brought from home if families are lucky enough to own one already or can be purchased through the school. Please look for a note coming home soon for details.

Wishing you all a safe and warm January.

Mrs. Koch



## Library News: January 2024

**Happy New Year Everyone!**

My heart was so full in the month of December. The kids of EOES brought in 103 gingerbread houses and log cabins to help decorate our library. It wasn't just the houses that warmed my heart, it was all the stories they shared with me about building their house with siblings, moms, dads, grandparents, cousins, and friends. I also had kids who built a house "all by themselves!" and they were so proud. No two houses were the same and every one of them were unique and beautiful. Thank you so much for supporting your children in this art project and I look forward to seeing what the kids build next year. Oh yes, we are definitely going to do this again!

**Sincerely,  
Mrs. Clifford**



### **Bite-sized Health Tips**

Tooth decay is the most common chronic disease in Canadian children. The good news- it is preventable!

Here are some top tips to reduce tooth decay:

- decrease the frequency of sugary snacks and drinks. Eat these at mealtimes and not in between.
- brush with fluoride toothpaste twice a day. Before bedtime is the most important; at night, teeth are more vulnerable to decay.
- spit but don't rinse after brushing. The fluoride left on the teeth continues to work even after brushing.
- supervise or consider even brushing your child's teeth. Recommendations suggest at least up until 7 years of age.

Does your child get milk tickets (or drink flavored milk)? Encourage them to choose plain milk. A small (237ml) chocolate milk contains the equivalent of 5 teaspoons of sugar!

For more information:

<https://www.canada.ca/en/public-health/topics/oral-health/caring-your-teeth-mouth/children.html>



# School Council

Welcome to 2024!

We are so thankful for everyone's support in the events Parent Council organizes. We are also so lucky to have amazing volunteers who have helped make all of these events such successes.

Save the date for our FAMILY MOVIE NIGHT!

When: Friday, January 26, 2024

Where: EOES Gymnasium

More info to follow.



## FUN LUNCH

The ordering period for February Fun Lunch opens Friday, January 12 and closes Tuesday, January 23.

Order online @ <https://oldselementary.hotlunches.net/>. Please pay attention to the Fridays your kindergarten student is and is NOT at school as no refunds can be offered.



Our next meetings are:

Parent Council - Wednesday, January 10 at 12:00pm virtually

Fundraising Society - Wednesday, January 10 at 7:00pm virtually

Please email [chair@eoesparencouncil.com](mailto:chair@eoesparencouncil.com) if you'd like the link to join. Everyone is welcome to attend both meetings!

Thank you,  
Brandy Thompson  
EOES Chair

# MOVE YOUR MOOD FEBRUARY 2024 FAMILY CHALLENGE



This FREE Family Challenge is open to all families and all ages.

During the challenge you will learn ways to connect as a family by: practicing mindfulness, moving your bodies, fueling your bodies, expanding your mind and building healthy relationships.

Register between January 1 - January 31, 2024.

Your family will receive 4 weeks of challenge ideas. The first week will begin February 5th, 2024.

Complete family challenges for a chance to win fun family prizes!

To register visit: [www.moveyourmood.ca/challenges](http://www.moveyourmood.ca/challenges) and click on the register in the February 2024 Challenge. Or send your e-mail address to [move.yourmood@ahs.ca](mailto:move.yourmood@ahs.ca)

The Central Alberta Lacrosse League is excited to announce that we are holding our 3rd Annual Female Come Try Lacrosse event for female players between ages of 10-16. New to Lacrosse, do you want to learn a bit about the history of the sport, some basic skills, game rules and where it is played near you!!!

We welcome you to join us at any or all of the times listed in the poster below!! All you need is indoor shoes, athletic attire and a CSA approved helmet. (Don't have a helmet? send a message to the email address below and we will hook you up!!!)

All questions or concerns can be forwarded to [centralalbertalacrosse@gmail.com](mailto:centralalbertalacrosse@gmail.com) If you know anyone who would like to register for this event the link is available below, on our website or our social media platforms.

[CLICK HERE TO REGISTER](#)

# Female Lacrosse Come Try it Nights FREE



All Female Players  
between ages of 10-16 across Central Alberta  
This is a FREE event to take place over three Mondays in  
January at the Collicut Center in Red Deer  
Ages U11-U13 January 15,22,29 700-800pm  
Ages U15-U17 January 15,22,29 800-900pm  
Register using the link on the website  
(under camps and clinics tab)

[centralalbertalacrosse.com](http://centralalbertalacrosse.com)





LET'S HAVE FUN!!



# PATHFINDERS



**Every Tuesday  
January 2024  
Grades 1-3 & 4-7  
Olds Elementary School  
3:30 pm - 5:00 pm  
Fee: 10 Sessions / \$155**

Find your area of passion with different activities each week, Swimming, Sports, Bowling and much more



**REGISTER HERE**



[WWW.COMMUNITYLEARNINGCAMPUS.CA](http://WWW.COMMUNITYLEARNINGCAMPUS.CA)

[CLCRECREATION@OLDSCOLLEGE.CA](mailto:CLCRECREATION@OLDSCOLLEGE.CA)



Community Learning Campus





# KIDS STEM CLUB



**2024**

**Ages: 8-12 yrs.  
CESD PD Days  
8:30 am - 4:00 pm**

**\$55 Daily**

Robotics, Coding, Science  
Experiments, virtual world, 3D  
Printing and Stop Motion.



**REGISTER HERE**



[WWW.COMMUNITYLEARNINGCAMPUS.CA](http://WWW.COMMUNITYLEARNINGCAMPUS.CA)

[CLCRECREATION@OLDSCOLLEGE.CA](mailto:CLCRECREATION@OLDSCOLLEGE.CA)



Community  
Learning  
Campus







2024

# January 2024

2024

SUNDAY/ DIMANCHE	MONDAY/ LUNDI	TUESDAY/ MARDI	WEDNESDAY / MERCREDI	THURSDAY/ JEUDI	FRIDAY/ VENDRED	SATURDAY/ SAMEDI
	Jan 1	2	3	4	5	6
7	8 Welcome Back to School  Happy New Year!	9	10 Parent Council: 12:00pm Virtual Meeting  Fundraising Society: 7:00pm Virtual Meeting	11	12 February Hot Lunch Ordering Opens Up	13
14	15	16	17	18	19	20
21	22	23 February Hot Lunch Ordering Closes	24	25	26 Performance: Cinderella at 1:30pm  Family Movie Night in the EOES Gym	27
28	29	30	31 No School	Feb 1	Feb 2 Report Card #1 Goes Home 	Feb 3