

HOOPERS SCHOOL BELL #2

*ÉOES - A Happy Place to Live,
to Learn, to Grow*

October 2024

Principal: *Mrs. Alanna Sampson*
Vice Principal: *Mr. Joe Amundrud*



5413-53 Street, Olds, T4H 1S9
403-556-8477
Email: olds.elem@cesd73.ca
Website: oldselementary.ca

October's Principal's Message:

It is hard to believe that we have already approached October! We have had an exciting month of school with students settling into the routines in the classroom and engaging in some fantastic learning experiences. During this time of the year, we look forward to sharing with our families a 'snapshot' of their child's learning. The time we spend with you helps to build communication and partnership that is vital in "Orchestrating Early Success" for our students.

With the recognition of how busy family life is outside of the school day, we thought we would include a few simple but important ideas to help foster a healthy learning environment:

- **Reading at Home:** Creating a culture of reading and a love of books is one of the most important things you can do to set a healthy foundation for later success at school. It is never too late to read to your child and take an active interest in what they are reading. Establishing a daily reading time is a wonderful way to bring this essential component into your home.
- **Sharing School Experiences:** We encourage you to ask your child questions about their learning experiences. Having them share specific details about different subjects, activities or projects is a great way to be involved and show interest in their learning. Research shows that children whose parents talk to them regularly about their learning perform better academically than students whose parents rarely do so.
- **Lots of Sleep & Healthy Lunches:** One of the most important things parents can do for their child's learning is to send them to school well rested. A minimum of nine hours of sleep are required for good school performance. As well, sending your child with a nutritious morning snack and lunch helps fuel their bodies and keep them at their optimal level throughout the day.

As a school, we would like to thank all of our families for their partnership in creating the very best learning opportunities for our students.

Sincerely,
Alanna Sampson, Principal

Dropping off & Picking Up Your Child

Morning Drop Off

- Morning bell rings at 8:35am. Students can be dropped off at the school no earlier than 8:25am and head towards their classroom area.
- If you will be later than 8:35am, please have your child use the front entrance, as all other doors will be locked.

After School Pick Up

- All student will be dismissed at 3:10pm. Students will exit to their predetermined meeting spots, buses or walk home.

Our Bell Schedule

Sometimes it is hard to know when is best to pick your child up for an appointment so below, please find our current bell schedule:

8:35am Start of Class

8:42am O'Canada

10:10am-10:23am Recess for all grades

11:55am-12:25pm Lunch for all grades

12:25pm-12:50pm Recess for all grades

1:55pm-2:08pm Recess for all grades

3:10pm Dismissal

Please remember that all students need to be picked up at 3:10pm. Thank you!



*****School Fees are not set up. We encourage payment through Rycor. If you would like to set up payment options, please call the office.**

PAY SCHOOL FEES ONLINE

Chinook's Edge School Division is pleased to offer the opportunity to pay student fees electronically. The online payment program provides a convenient payment option that saves time. You can make secure online payments by credit or debit card any time and receive a receipt.

Safe. Secure. Simple.

Signing up only takes a moment. Here is how it works:

1. Go to:
<https://www.studentquickpay.com/chinook/>
or find the link on the Chinook's Edge Website at www.chinooksedge.ab.ca
2. Take a few minutes to register and create an account for your child(ren).
3. Review and pay your child's fees using direct online payment. You can also set up monthly payments - please call Lisa Ormann at the school

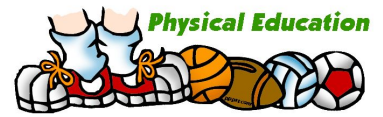
If you are having technical issues with your parent account please email feesupport@cesd73.ca for assistance.

The fee schedule can be found on the Chinook's Edge website, www.cesd73.ca, Menu, Students and Parents, School Fees. Scroll down to Olds, and find École Olds Elementary School.

If you have any questions please call the school. Fee waivers are also found on the Chinook's Edge website, under Menu, Students and Parents, then on the left, click on the arrow beside School Fees.



Weather changes: Please send appropriate outerwear for the weather AND...WE WOULD APPRECIATE AN EXTRA SET OF CLOTHING IN EACH STUDENT'S BACKPACK. THANK YOU!



We have enjoyed many nice days outside experiencing the fresh air as we challenge ourselves in our Running Events. Running is an exhilarating activity for some because it comes naturally but it can also be a worry for some students. I plan our running activities so that all students can have some success and hopefully go on to enjoying running later on in life.

For example; some kids can really sprint fast for short distances but might not be able to run long distances due to a medical condition like asthma or injury. Some students like to run alone and others enjoy a team opportunity. And so I offer SHORT and LONG events and also INDIVIDUAL and TEAM events.

The Kilometer Club Recess Running Challenge is an opportunity for students to run alone or with friends. It can be competitive as in a Class Challenge or can be just for the fun of running and getting fresh air. Many of our gym games inside involve running.

No matter how your child views running and what their enjoyment level is, we do know that getting outside and MOVING is a healthy habit we want to promote.

Outside - Running Challenges we are working on this Month

1. 50 meter Dash Timed Race the Clock
 2. 10 Minute Timed Run on Kilometer Track
 3. Cross Country Racing
 4. 4 Person Team Relay
 5. Kilometer Club Lunch Recess Golden Shoe Challenge
- All running challenges are modified for Kinders



I hope we can all get out and enjoy the changing of the Seasons whether at school or at home.





From the Music Room for October 2024:

Mrs. Koch

We have been having a beautiful start to our year at Ecole Olds Elementary School. In the music room we have been learning new songs, poems, games and instruments.

This month I am excited to welcome grade three and four students who are interested to join the choir. Choir will happen during the lunch recess of Wednesday afternoons. Students can pick up a signup sheet from the music room. There are no tryouts or limits to the number of singers in our choir. Practices will begin Wednesday October 9 at 12:25 pm-12:50 pm.

Also happening this month, the Grade Threes are preparing to host the Remembrance Day Assembly on Thursday November 7, 2024 at 10:30 am. Parents and families are welcome to join us for this very special event. All grade three students will be singing and students who wish to perform in the reader's theatre will be welcome to have a part.

Thank you all for supporting our music program. If you have any questions for me please feel free to reach out via email at akoch@cesd73.ca

Have a beautiful fall,



Extra! Extra! Read All About It!

Ecole Olds Elementary School is having its annual Book Fair from October 21st to 24th. This is such an exciting time for the kids as they get a chance to look at new and exciting books. The book fair is a wonderful way to fill your home libraries, while still supporting our school library.

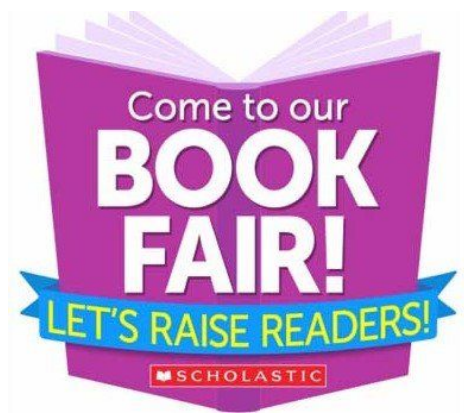
All kids will have an opportunity to visit the fair during school hours. A flyer featuring some of the books in the fair will be sent home with a wishlist. If you would like your child to purchase a specific book, please write it on the list and send it back to school with your child. Also, if there are books/items you do not want them to purchase, please write that down as well.

I am looking for volunteers to help with the fair so if you are able to help, please add your name and phone number to the [Book Fair Volunteer Sign Up Sheet](#) or call the office at 403-556-8477.

The hours of the fair are as follows:

- Monday, October 21 - 8:30am to 4:00pm
- Tuesday, October 22 - 8:30am to 8:00pm
- Wednesday, October 23 - 8:30am to 8:00pm
- Thursday, October 24 - 8:30am to 4:00pm

Thank you so much and I can't wait to see you at the fair!



Sincerely
Mrs. Chris Clifford

Scholastic Book Fair



School Council

Fun Lunch!

The ordering period for November Fun Lunch dates will be open October 1 - 15, 2024.

Please remember that everyone will need to re-register and add their child(ren) under the students tab.

Kindergarten Parents: Please pay attention to the Fridays your child is and is not at school as we cannot do refunds.

Register at www.oldselementary.hotlunches.net with the access code **OLDS**.



We are thrilled to have a Scholastic Book Fair again this year October 21-24, 2024. The book fair is a lot of work for our librarian and very rewarding for our school - our library earns free books - yay!

We would be grateful for parent volunteers during the book fair week as well as setting up and taking down. If you are able to help, please sign up for a shift!

https://docs.google.com/spreadsheets/d/1JsRR3EtoC9wACT1BN4t7n_nQQbkPYBt72od9yqZnNX8/edit?usp=sharing

Parent Council and Fundraising Society Meetings:

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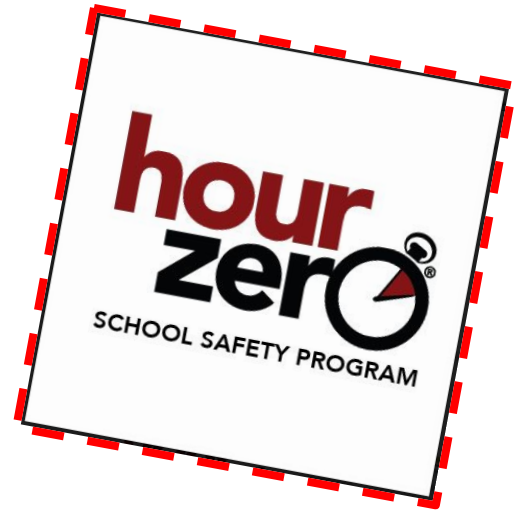
Looking to get involved? The Parent Council and Fundraising Society meets the first Wednesday of each month. Our next meeting is October 2, 2024 at 7:00pm at the EOES Library or you can attend virtually. All parents/guardians are welcome!

Please email chair@eoesparentcouncil.com if you would like the virtual meeting link.

Follow us on our EOES Parent Council facebook page for updates, and sign up for our volunteer opportunities @eoesparentcouncil

Brandy Thompson, Chair

**IMPORTANT
INFORMATION
PLEASE
READ**



Chinook's Edge adopts new safety program

While schools are considered to be one of the safest places in our communities, in reality emergencies can occur anywhere, at any time. Chinook's Edge takes seriously the responsibility to maintain readiness to respond to emergencies, and prioritize student and staff safety in our buildings.

Starting in September 2024, Chinook's Edge has adopted the use of Hour-Zero, which is a school emergency program, used by agencies throughout North America.

While we have always had safety plans in place, through Hour-Zero we have access to the same language used by emergency responders in our community. Also, Hour-Zero's ongoing staff training and support are valuable tools for us.

Each school has an on-site emergency response team, which is supported by the division emergency response team. Staff is trained on emergency protocols with drills being practiced at each school to ensure students and staff are prepared to act quickly and to minimize confusion and fear in a real emergency.

We invite you to take a moment to review [this guide](#) for parents / guardians, which outlines protocols and language we will use in emergency situations, as well as how we will communicate with you. Also, on the Chinook's Edge website [here](#), there is a video summary of what you can expect.

If you have any questions, please reach out to your school's principal or vice-principal.



SCHOOL EMERGENCY PROGRAM

A guide for parents

KEEPING SAFE AT SCHOOL

Schools are one of the safest places to be in any community. In the case of an emergency, our first priority is the safety of our students and staff.

Chinook's Edge is using Hour-Zero, which is a school emergency program, used by agencies throughout North America.

A school emergency could require the involvement of numerous agencies. Chinook's Edge School Division's plan does not replace the authority of law enforcement, fire or EMS. Our staff members work in full co-operation with these agencies.

Each year, and after an emergency, we review school and division plans.

Along with the on-site emergency response team at each school, there is also a division-based emergency response team that provides support and aid to schools at the time it is needed.

Staff are trained on protocols, and drills that they practice at schools. Drills prepare students and staff to act quickly, and they help minimize confusion and fear during a real emergency.

This guide defines the protocols in hopes of answering parent questions. I hope you find this guide helpful and informative.

Sincerely,

Kurt Sacher
Superintendent of Chinook's Edge School Division

When a school is faced with an emergency, the Incident Commander (usually the principal) will assess the situation and implement the appropriate emergency protocol. The emergency protocols are listed below.

LOCK-DOWN



Lock-Down is used when there is a threat or potential threat of violence to students and/or staff **INSIDE** the school. During a Lock-Down, all doors within the school are locked. Students and staff must respond very quickly to a Lock-Down command to get to a safe location before doors are locked. No one is permitted in or out of any area once it has been locked. Only law enforcement is permitted access to the building during a Lock-Down. No one is allowed in or out of a locked room, under any circumstance, until the Incident Commander issues the "All-Clear". Doors will be unlocked by the Incident Commander and/or police.

HOLD AND SECURE



Hold and Secure is used when there is a threat or potential threat of violence to students and/or staff **OUTSIDE** the school. During a Hold and Secure, all entrance doors to the school are locked, with no one permitted in or out of the building. Movement is permitted inside the school, and inside activities can continue. No one, other than law enforcement, is permitted access to the building until the Hold and Secure has been cleared.

SHELTER-IN-PLACE



Shelter-in-Place is used when there is **NO THREAT OF VIOLENCE** but directing and controlling movement inside the school is prudent. A Shelter-in-Place may be called for any of the following reasons: an environmental emergency, severe weather, student, or staff requiring first aid/medical/focused attention. During a Shelter-in-Place, students and staff retreat to classrooms/safe zones to seek shelter or simply clear the hallways, allowing for both privacy of a student requiring attention and unrestricted access for emergency responders. This protocol may or may not include having students or staff who are outdoors come back into the school. Doors are not locked during this protocol. Students will not be released or dismissed until the situation has been resolved.

EVACUATION



Evacuation is used when there is possible danger **INSIDE** the school, (no threat of violence) and it is safer to be outside the school than inside eg: fire, gas leak. This may mean only going outside and away from the building until it is safe to re-enter the school; in other cases, students and staff may need to go to an evacuation center. Parents will be informed of the alternative location through the school's Crisis Notification Network.

DISMISSAL

If necessary, a Controlled Student Release Procedure will be used to release students to an authorized emergency contact.

WHEN AN EMERGENCY OCCURS

Although your natural instincts in an emergency may be to go to the school to safeguard your child, please understand that doing so could impede the response to the situation. Going to the school may interfere with emergency crew's and school personnel's efforts to deal with the emergency. Extra vehicles and people at the site make the task more difficult. Please do not go to the school to pick up your child unless requested to do so.

If you arrive at the school in the midst of an emergency, please respect the protocol in progress.

Please do not call the school and do not call your child's cell phone during an emergency.

- Phone systems need to remain available for handling the actual emergency.
- Calling your child's cell phone during an emergency may be putting them at higher risk by disclosing their location or drawing attention to them during a lock-down.

KEEPING INFORMED DURING AN EMERGENCY

Chinook's Edge School Division will inform parents about what is happening through:

- School Messenger
- The Chinook's Edge website www.cesd73.ca

We may add information to social media.

In order to receive School Messenger notifications, please ensure your contact information is up-to-date.

Should you have any questions or concerns, please contact your child's school.

CONTROLLED STUDENT RELEASE PROCEDURE

We recognize that when an emergency occurs parents will be worried and want to be reunited with their child as quickly as possible. It is our intention to make this happen. However, to ensure every child's safety and the safety of staff, specific procedures have been established for releasing students.

Parents are asked to adhere to the parent-child reunification procedures listed below. Staff will work hard to ensure these procedures take place without delay. However, please understand the process will still take some time; we ask for your patience when you arrive at the parent-child reunion area.

1. A parent-child reunion area will be established. When appropriate, parents will be notified of the Reunion Area's location. The location may not be at the school-the location will depend on the specifics of the emergency.

2. Students will only be released to an individual designated as the legal guardian or emergency contact on the student's Emergency Form, which is completed at time of school registration. Please be sure to keep this information current with your school, as the school will only release a child to someone listed as an authorized Emergency Contact - there will be no exceptions.

3. Valid identification is required to pick up your child. This is required to protect your child from any unauthorized individuals attempting to pick up students. Even if school personnel know you, you must still present I.D. as the school may be receiving assistance from other schools or outside agencies.

4. You will be required to sign for the release of your child. This is extremely important, as it ensures your child, along with other students, is accounted for at all times. Please do not just take your child from the school or evacuation center without signing for his/her release.

5. Once you have been reunited with your child, please leave the area immediately. This is for your own safety and that of your child.

6. If you are unable to pick up your child, he/she will be kept at the parent-child reunion area until alternate arrangements can be made. Your child will be supervised at all times.

É.O.E.S. Routines and Expectations for our Amazing Parents:

"Be Helpful - Not Hurtful - Do The Right Thing!"

Please remove footwear when entering the school and leave them on the mat, when it is wet or snowing or muddy outside.

We would like to remind everyone that HATS are removed once you walk in the school doors.

Please be respectful when dropping students off in the morning and picking them up at the end of the day - We would appreciate that you wait outside at your student's designated door and refrain from waiting in the boot room. It can be very distracting for teachers, when they are trying to wrap up the day.

When you are visiting the school we would ask that you check in at the office first, before heading down the hallways. We just want to make sure we keep our school safe and free of unnecessary interruptions.

We would appreciate that your student knows what they are doing at the end of the day. The teachers send a folder or agenda home with your student for communicating "change of plans". This helps the office staff with fielding phone calls at the end of the day. It can be very busy at the end of the day and sometimes messages get lost or forgotten. However, we do know that sometimes plans change last minute and so we certainly will understand.

We appreciate each and every one of you. We could not do what we do without your help and cooperation.

**THANK YOU!!!
LET'S HAVE A GREAT
SCHOOL YEAR!**

Cooperation



LOST & FOUND

We will be placing all of the lost and found items on tables the week of Parent/Teacher interviews and the Book Fair:

October 21st - 24th



Community
Learning
Campus

*Growing Together,
Learning Forever*



AFTER SCHOOL PROGRAM

PATH FINDERS

TUESDAYS | 3:30-5PM | OLDS ELEMENTARY GYM | GR 1-7

Pathfinders gives youth the opportunity to experience a variety of activities in different areas of interest to help them find their passion!

REGISTER ON OUR WEBSITE | \$160 - 10 SESSIONS





Spring 2024

Bowden + Olds, Alberta.

'Horse Inspired Self-Discovery'

Equine Facilitated Wellness presents, "Leadership through horses" sessions...

-Locations- 10 min. north of Olds or at the Bowden Anchor B Arena-



'We are also eligible for child/youth funding through the Jumpstart Program'

"EARN 16 High School credits with Olds College, Green Certificate- training available!"

Looking to improve your communication skills, find your voice, increase social connections, confidence and self-awareness...we can partner with horses!
Curious about enhancing personal insights, managing stress, setting S.M.A.R.T. Goals?
Seeking positive changes in your daily habits and are drawn to nature and animals?

Consider... *'Horse Inspired Self-Discovery'*...

for 2 hours, once a week/month or a 2-3 day Workshop, Retreat or Camp!

I am deeply passionate about developing opportunities for youth and adults to experience personal empowerment, promoting wellness and enriching our learning through partnering with horses and nature! Working and living in a 'life coaching' and horse leadership role for over 40 years with youth and adults has led me to further pursue my certification in....

Professional Equine Facilitated Wellness- Canada! I am grateful to share this opportunity to develop our goal-achieving strengths in our... "Leadership through Horses" sessions!

* Retreats/Camps- half or full day programs spring/summer 2024.

* EFW sessions run: M-F 9:00-12:00 and 1- 4:30. Saturday/Sunday 9:00- 5:00 pm.

Individual sessions (2-3 hours) or small groups of 4 available.

* No school days, Home School/After School program sessions- M-F 9-12, 1-4 + 3:30- 5:30



A powerful introduction to the 'intuitive power' of horses... By participating in **dismounted** equine activities we can delve into fun and challenging exercises that blend **learning and wellness sessions with youth, adults or families** in 1:1 or small group configurations (max. of 4 participants). We explore and practice key elements of **developing healthy 'Horse Herd' relationships and brave boundaries** with our equine companions while **building confidence, mindfulness and positive emotional connections** that relate to all areas of our school, work, social and family lives! Great way to become confident and connected for riding lessons too!

Horizon Equine EFW also can be a great introduction if you are wanting to learn how to ride horses through building your confidence and personal awareness.

We offer individual/group sessions or a series of weekly, 2-3 hour themed E.F.W. sessions and retreats that include; learning **horse safety, herd behaviour/dynamics, leadership development, healthy and respectful relationships, communication styles and body language, social connectedness, decision making and problem solving, stress and anxiety management, empathy, goal setting, team building, personal boundaries and empowerment!**

All of these qualities are within us and developed through the horses!

Partnering with horses and a trained facilitator builds on our self-awareness, confidence and character through the development of open communication skills, mindfulness and focus, the importance of appropriate body language and the expression of honest and authentic emotions. Join me in our **"Horse Leadership "sessions** for an experiential (hands on), and enriching learning environment with calming grounding exercises, stimulating cooperative games, and inspiring horse connections that will leave you with an unforgettable personal experience!

Contact: Colleen Herzog, Owner/Lead Facilitator at Horizon Equine- EFW, RR#3, Site 12, Box 26, Olds, Alberta. **[403-556-5504](tel:403-556-5504)**

Check out our website at; (www.horzonequineefw.com/ OR info@horzonequineefw.com)

****GIFT CERTIFICATES AVAILABLE****



October 2024



SUNDAY / DIMANCHE	MONDAY / LUND	TUESDAY / MARDI	WEDNESDAY / MERCREDI	THURSDAY / JEUDI	FRIDAY / VENDRED	SATURDAY / SAMEDI
		1 School Photos Pre-K, Kinder Tues/Thurs, Gr. 1 & 2	2 School Photos Kinder Mon/Wed, Gr. 3 & 4 Mme Tulloch	3	4	5
	6	7	8	9	10	11 No School
13	14 Thanksgiving No School 	15	16	17	18 Cross Country Run 	19
20	21	22 23 24 Parent/Teacher Interviews			25 Professional Learning No School	26
Scholastic Book Fair (Check out the Lost and Found)						
27	28	29	30	31 Halloween 		Photo Retakes Nov. 4