

HOOPERS SCHOOL BELL #3

ÉOES - A Happy Place to Live, to Learn, to Grow

NOVEMBER 2024

Principal: Mrs. Alanna Sampson
Vice Principal: Mr. Joe Amundrud



5413-53 Street, Olds, T4H 1S9
403-556-8477
Email: olds.elem@cesd73.ca
Website: oldselementary.ca

November Principal's Message:

Dear Students, Parents and Guardians,

I hope you all have truly enjoyed all the beautiful weather we had in September and October and are now settling in the reality of snow and colder temperatures (brrrr!). Please remember to continue sending your children with warm clothing (jacket, hat, mitts/gloves and snow pants). It's wonderful to see how much fun our students have in the snow when they are comfortable and warm building snow forts, making snow angels, running, jumping and playing.

This month, I want to express my gratitude to our amazing parent council, parent volunteers and our staff who celebrated some amazing milestones at the annual Chinook's Edge School Division celebrations in Bowden...

Our parent council and parent volunteers have been working tirelessly to support our school. We truly couldn't orchestrate early success and make Olds Elementary a great place to learn and grow without your support. You are enhancing our students' early educational experience and you continue to be a tremendous help to our very busy staff. Thank you for giving your time, patience, and energy to our school and our amazing students.

I also want to take a moment to recognize our staff who were honored at Chinook's Edge School Division Celebrations 2024. Congratulations to you all on your wonderful milestones!

Julie Bjarnason (grade 2 teacher) - 25 years

Karen Bouliane (grade 1 teacher) - 25 years

Leona McEwen (educational assistant) - 25 years

Krystal Hodge (kindergarten teacher) - 15 years

Once again, thank you for your continued support, engagement, and trust in our school community. We look forward to a fantastic month of November filled with learning, growth, and gratitude.

Alanna Sampson,
Principal

Dropping off & Picking Up Your Child

Morning Drop Off

- Morning bell rings at 8:35am. Students can be dropped off at the school no earlier than 8:25am and head towards their classroom area.
- If you will be later than 8:35am, please have your child use the front entrance, as all other doors will be locked.

After School Pick Up

- All student will be dismissed at 3:10pm. Students will exit to their predetermined meeting spots, buses or walk home.

Our Bell Schedule

Sometimes it is hard to know when is best to pick your child up for an appointment so below, please find our current bell schedule:

8:35am Start of Class

8:42am O'Canada

10:10am-10:23am Recess for all grades

11:55am-12:25pm Lunch for all grades

12:25pm-12:50pm Recess for all grades

1:55pm-2:08pm Recess for all grades

3:10pm Dismissal

Please remember that all students need to be picked up at 3:10pm. Thank you!



PAY SCHOOL FEES ONLINE

Chinook's Edge School Division is pleased to offer the opportunity to pay student fees electronically. The online payment program provides a convenient payment option that saves time. You can make secure online payments by credit or debit card any time and receive a receipt.

Safe. Secure. Simple.

Signing up only takes a moment. Here is how it works:

1. Go to:
<https://www.studentquickpay.com/chinook/>
or find the link on the Chinook's Edge Website at www.chinooksedge.ab.ca
2. Take a few minutes to register and create an account for your child(ren).
3. Review and pay your child's fees using direct online payment. You can also set up monthly payments - please call Lisa Ormann at the school

If you are having technical issues with your parent account please email feesupport@cesd73.ca for assistance.

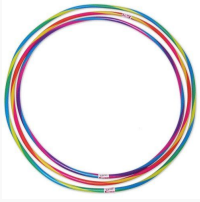
The fee schedule can be found on the Chinook's Edge website, www.cesd73.ca, Menu, Students and Parents, School Fees. Scroll down to Olds, and find École Olds Elementary School.

If you have any questions please call the school. Fee waivers are also found on the Chinook's Edge website, under Menu, Students and Parents, then on the left, click on the arrow beside School Fees.

ATTENTION!
IMPORTANT

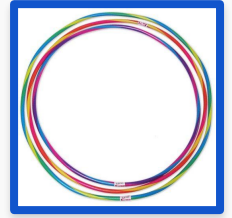


Weather changes: Please send appropriate outerwear for the weather AND...WE WOULD APPRECIATE AN EXTRA SET OF CLOTHING IN EACH STUDENT'S BACKPACK. THANK YOU!



Physical Education Update - November 2024

Mr. Kish



Curriculum - Physical Education Classes will become more challenging as we focus on using objects (manipulatives) to learn new skills. The activities will help improve our coordination and physical literacy skills. We will also take our fitness challenges up a notch by trying more complex exercises and for longer durations.

Grades 2, 3 and 4 - Sticks and ball skills. We will explore how to control a hockey ball using stick handling techniques in a zone and also moving in the gym. Students will be practicing how to shoot a “snapshot” and “wrist shot” for accuracy. Players will use the good sport “N-H-L” face-off and play keep away to demonstrate their skills. We will be playing 4-goal hockey games and also full-on, full gym hockey with goalies and Teams.

Grades 2, 3 and 4 - Fitness. Students will be challenging themselves to complete an exercise video which focuses on strength, balance, coordination, and cardiovascular fitness.

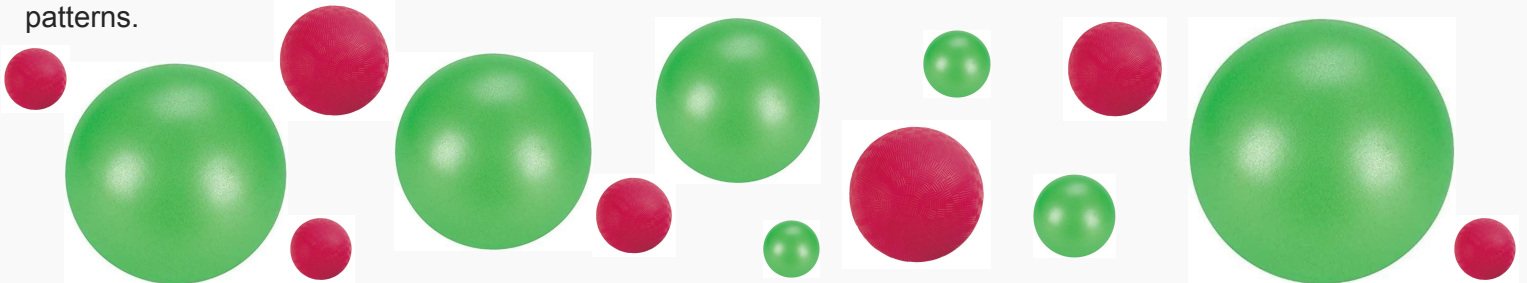
Grade 2 - Hula Hoop Skills. We will be learning how to use the different types of Hula Hoops in a variety of ways which include; spinning, rolling, skipping, and hula hooping around our waist. We will have Class Championships to see who can Hula Hoop the longest!

Grade 1 and 2 - Fitness. Students will be challenging themselves to complete an exercise video which focuses on strength, balance, coordination, and cardiovascular fitness.

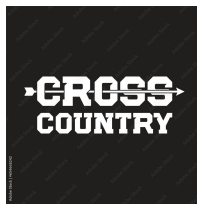
Grade 1 - Ball Skills. We will be learning how to use a rubber ball safely in the gym. Skills include; bouncing (dribbling) in our own space and also moving around the gym, throwing the ball against the wall and catching it, and shooting the ball into the basketball hoops for a score. These new skills are “Tricky” to learn and can cause some challenges. We always discuss trying our best during our practice times and not giving up. We will also be doing one-minute concentration challenges to see if we can sustain one minute of practice without getting distracted or start talking to each other. This can sometimes be more challenging than the actual ball skills...!

Kindergarten - Ball Skills. We will be learning how to use a rubber ball safely in the gym. Students work towards understanding and practicing the difference between Drop and Catch, Bounce and Catch, and Throw and Catch. We will also be doing one-minute concentration challenges to see if we can sustain one minute of practice without getting distracted or start talking to each other.

Kindergarten Fitness. We will enjoy a fun follow along exercise video at the start of every class to warm us up and practice coordination, stretching, and balance. We will continue learning how to play with a friend and take turns. We will continue to play bean bag races games and practice counting in sequence by ones, grouping, and patterns.



Cross Country Race - Results



Students at EOES love to RUN! Our Annual Cross Country Races were held on October 18th on a nice sunny day. All students are encouraged to race in the Cross Country Run and learn how to compete. I believe that competition is a healthy normal part of growing up which is why I plan competitions throughout the year for Running, Basketball, Skipping, and Fitness. There is always excitement on Race Day and a good time was had by all. Thank you to Mr. Stoddard who filled in for me as MC on the Race Day coordinating the events. BIG Thanks to our Buddies at Deer Meadow School for helping with the Course Supervision, Results, Ribbons, Set Up, and Clean Up.

In the following Events here are the Top 3 Racers (in order 1st, 2nd, 3rd);

Kinders Boys - Bentley Burge, Beau Legere, William Hurd
Kinder Girls - Diana Bahan, Aspen Repa, Sophia Uranza
Grade 1 Boys - Oliver Packer, Owen Johnson, Caleb Lynch
Grade 1 Girls - Avery Anderson, Cara Dodd, Blakely Johnson
Grade 2 Boys - Carter Kreese, Jace McFarland, Oliver Kohut
Grade 2 Girls - Kacey LaMarsh, Danielle Johnston, Abigail Vey
Grade 3 Boys - Hudson McIntyre, Hanes Campbell, Calder McKnight
Grade 3 Girls - Avaya Van eaton, Dawson Tarrant, Hailey Zeigler
Grade 4 Boys - Jordan Vey, Boyd Stoutenberg, Charlie Rosehill
Grade 4 Girls - Anika Horvath, Amaya Larson, Ashtyn Carew



CONGRATULATIONS TO ALL OUR RUNNERS for trying your BEST!!

Proper Gym Footwear

Please ensure your child can participate in our Gym Activities by following a few basic rules about the Footwear you provide;

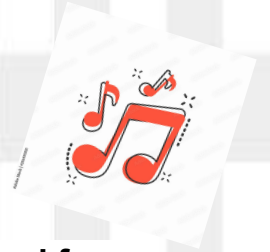
1. Fancy Boots (especially with high heels) are not appropriate
2. Slippers are not for the Gym
3. Shoes should be proper size and STAY on the FEET
4. If your child cannot tie laces then please use velcro shoes or teach your child to tie laces

Would parents please consider checking in with your child about their shoes and if necessary having your child bring home their Indoor Shoes for an inspection. You might be surprised how they are “wearing or not wearing their shoes”...?



From the Music Room for November 2024:

Mrs. Koch



Dear Families,

It's been a busy fall! I'm happy to report that we had over 100 grade three and four students sign up for choir and we've been practicing in the gym each Wednesday at lunch. Our choir will be performing at the Remembrance Day assembly on Thursday November 7 at 9:00 am. Next month the choir will also be heading to the Mount View Seniors Lodge to do some Christmas caroling. They sound absolutely fantastic and I can't wait for you all to hear their beautiful voices.

The Remembrance Day assembly will be hosted by the grade three students and all families are welcome to join us for this special event. All grade three students will be singing and students who chose a part in the reader's theatre script will also be speaking about the importance of Remembrance Day. We hope to see you there.

At the same time, our grade ones have begun learning the songs for their grade one Christmas concert. This concert will take place on Tuesday December 10 at 1:00 pm and 6:00 pm. All families are welcome to join us in the gym for this holiday tradition. All grade one students are expected to attend both concerts so please mark your calendars and plan to attend!

Thank you all for your support!

Mrs. Koch



Dear ÉOES family and friends,

Extra **excitement and energy** could be felt in our building last week! It was amazing! Our school hosted our annual fall Scholastic Book Fair giving our families the opportunity to build their home libraries while supporting our school library.

I consider myself very blessed to be able to experience this event. For many of our students, this is their first time buying something without their adult advising them. They get a chance to make choices, budget their money and make a purchase. **It is kind of a big deal!** During the fair (and also in class) we talked about choosing “*good fit books.*” This means we look for books that we are interested in and that we are able to read. Hopefully, your little one chose a “good fit book” to bring home.

Thank you to the thirty-one volunteers who helped our students with shopping, taking money and filling out order forms. ***We could not have done it without you!!*** The students and staff would like to send out a huge thank you to **all of you** for supporting our school’s Book Fair.

The fair was a huge success and it's all because of you!

I enjoyed connecting with all of you and I look forward to seeing you again soon, so until then, Happy Reading!

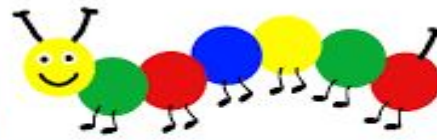
Thank you

Sincerely,
Chris Cliffford

SUCCESS



Parent Council



WINTER WONDERLAND:



Parent Council has some great events coming up this fall - the first one being a Winter Wonderland Dance Party! We will have a snack/drink concession and glow sticks for sale starting at 5:30pm and ending at 8:00pm. And a professional DJ to play our favourite songs all night long!

LITTLE SHOPPERS:



What is Little Shoppers?

It is a temporary Christmas store set up at the school for students to come and purchase gifts for their parents/guardians. All items for them to pick from are priced at \$2 and will come home wrapped to put under the tree. The program relies on donations of new or gently used items for the gifts, as well as gift bags and tissue paper from families and community members. All proceeds from the Little Shoppers store goes towards buying supplies for classrooms or funding events for students. A fun activity for students to take part in and a fundraiser for the school!

What we need to make this possible:

We will be accepting donations of new and gently used items, gift bags, tissue paper, and gift tags/stickers starting November 25, 2024.

Please drop off at the office during school hours or send to school with your child with a note stating for Little Shoppers. Should you prefer to make a cash donation, it can be dropped off at the office and will go towards the purchase of wrapping or additional gifts for students to pick from. We are incredibly grateful for any and all donations you are able to provide.

Some examples of gifts: bath products, candles, tools, non-sized clothing (i.e., scarves, gloves, toques, hats, socks, sunglasses), jewelry, home décor, kitchen tools, gadgets, picture frames, games, books, gift certificates, sealed chocolates or treats, purses/bags, sports items, etc.

We also need volunteers to make this program a success. We will need volunteers the day before to help sort and setup, volunteers to wrap gifts during the shopping days, and some to help clean up at the end of the event.

The Little Shoppers store will be open for students to shop on December 17 and 18, 2024.

If you are interested in being a parent volunteer, you can email chair@eoesparentcouncil.com

We thank you in advance for your donations and support!

FUN LUNCH:

The ordering period for December fun lunch will be open November 5-19. Order online at oldselementary.hotlunches.net. If you haven't already done so this year, you will need to re-register. The access code is OLDS. Please pay attention to the Fridays your kindergarten student is and is NOT at school as no refunds can be offered.

PARENT COUNCIL AND FUNDRAISING SOCIETY MEETINGS:

Looking to get involved? The Parent Council and Fundraising Society meets the first Wednesday of each month. Our next meeting is November 6, 2024 at 7:00pm at the EOES Library or you can attend virtually. All parents/guardians are welcome!

Please email chair@eoesparentcouncil.com if you would like the virtual meeting link.

Follow us on our EOES Parent Council facebook page for updates, and sign up for our volunteer opportunities [@eoesparentcouncil](https://www.facebook.com/eoesparentcouncil)

Brandy Thompson, Chair

You are invited to our

WINTER WONDERLAND

dance party



NOVEMBER 22, 2024

5:30pm - 8:00pm

École Olds Elementary School Gymnasium

All Ages - Bring The Whole Family!

SNACK AND DRINK CONCESSION ALL NIGHT

ENTRANCE BY MONETARY DONATION



The Olds Curling Club offers a relaxed environment for experienced and beginner curlers.

A full season is only \$70.00, and runs Tuesdays from 3:30 to 5pm, October through to March.

The club has some used equipment, so you can try without buying. When you commit to the season, equipment requirements are very reasonable.

More information at: <http://oldscurlingclub.ca/index.html>

Or Contact

Morley Kjargaard

403-507-5238

Rick Phillips

oldscurlingclubgm@gmail.com



Spring 2024

Bowden + Olds, Alberta.

'Horse Inspired Self-Discovery'

Equine Facilitated Wellness presents, "Leadership through horses" sessions...

-Locations- 10 min. north of Olds or at the Bowden Anchor B Arena-



'We are also eligible for child/youth funding through the Jumpstart Program'

"EARN 16 High School credits with Olds College, Green Certificate- training available!"

Looking to improve your communication skills, find your voice, increase social connections, confidence and self-awareness...we can partner with horses!
Curious about enhancing personal insights, managing stress, setting S.M.A.R.T. Goals?
Seeking positive changes in your daily habits and are drawn to nature and animals?

Consider... *'Horse Inspired Self-Discovery'*...

for 2 hours, once a week/month or a 2-3 day Workshop, Retreat or Camp!

I am deeply passionate about developing opportunities for youth and adults to experience personal empowerment, promoting wellness and enriching our learning through partnering with horses and nature! Working and living in a 'life coaching' and horse leadership role for over 40 years with youth and adults has led me to further pursue my certification in....

Professional Equine Facilitated Wellness- Canada! I am grateful to share this opportunity to develop our goal-achieving strengths in our... "Leadership through Horses" sessions!

* Retreats/Camps- half or full day programs spring/summer 2024.

* EFW sessions run: M-F 9:00-12:00 and 1- 4:30. Saturday/Sunday 9:00- 5:00 pm.

Individual sessions (2-3 hours) or small groups of 4 available.

* No school days, Home School/After School program sessions- M-F 9-12, 1-4 + 3:30- 5:30



A powerful introduction to the 'intuitive power' of horses... By participating in **dismounted** equine activities we can delve into fun and challenging exercises that blend **learning and wellness sessions with youth, adults or families** in 1:1 or small group configurations (max. of 4 participants). We explore and practice key elements of **developing healthy 'Horse Herd' relationships and brave boundaries** with our equine companions while **building confidence, mindfulness and positive emotional connections** that relate to all areas of our school, work, social and family lives! Great way to become confident and connected for riding lessons too!

Horizon Equine EFW also can be a great introduction if you are wanting to learn how to ride horses through building your confidence and personal awareness.

We offer individual/group sessions or a series of weekly, 2-3 hour themed E.F.W. sessions and retreats that include; learning **horse safety, herd behaviour/dynamics, leadership development, healthy and respectful relationships, communication styles and body language, social connectedness, decision making and problem solving, stress and anxiety management, empathy, goal setting, team building, personal boundaries and empowerment!**

All of these qualities are within us and developed through the horses!

Partnering with horses and a trained facilitator builds on our self-awareness, confidence and character through the development of open communication skills, mindfulness and focus, the importance of appropriate body language and the expression of honest and authentic emotions. Join me in our **"Horse Leadership "sessions** for an experiential (hands on), and enriching learning environment with calming grounding exercises, stimulating cooperative games, and inspiring horse connections that will leave you with an unforgettable personal experience!

Contact: Colleen Herzog, Owner/Lead Facilitator at Horizon Equine- EFW, RR#3, Site 12, Box 26, Olds, Alberta. **[403-556-5504](tel:403-556-5504)**

Check out our website at; (www.horzonequineefw.com/ OR info@horzonequineefw.com)

****GIFT CERTIFICATES AVAILABLE****



NOVEMBER

SUNDAY/ DIMANCHE	MONDAY/ LUNDI	TUESDAY/ MARDI	WEDNESDAY/ MERCREDI	THURSDAY/ JEUDI	FRIDAY/ VENDREDI	SATURDAY/ SAMEDI	
					1 Hot Lunch (ordered in Oct)	2 Fall Back 	
3	4 Picture retakes AM only	5 Fun Lunch opens for December ordering	6 Parent Council meeting: EOES Library at 7:00pm	7 School Remembrance Day ceremony 9:00am 	8 No School - Fall Break	9	
10	11 No school - Fall break REMEMBRANCE DAY 	12	13 World Kindness Day 	14	15 Hot Lunch (ordered in Oct)	16	
17	18	19 Fun Lunch closes for December ordering	20	21	22 Hot Lunch (ordered in Oct) Winter Wonderland Dance 	23 5:30pm - 8:00pm	
24	25 Donations to Little Shoppers starts today. Drop off at the school office	26	27 KINDERGARTEN INTERVIEWS		28	29 No school Professional learning day Random acts of kindness day.	30